

# Resources for Survivors:

A guide for your next drive or donation!



## OUR BIGGEST NEED RIGHT NOW: "OPERATION ESTEEM" GIFT CARDS.

\$5 - \$10 gift cards are distributed to youth participating in follow-up treatments (i.e. therapy, case management, STI exams). Learn more about what types of gift cards we accept and how they are used to promote healing at: [operationesteem.org](http://operationesteem.org)

### NEW CLOTHING:

- Sandals (Slides & Flip-flops)
- Sweat Suits (unisex preferred : i.e. Hanes, Fruit of the Loom)
- Basic T-shirts (short or long-sleeved)
- Underwear
- Socks
- Sports bras

### TOILETRIES:

- Deodorant (men & women)
- Shampoo & conditioner
- Lotion / moisturizer
- Body wash & face wash
- Hairbrush & hair products
- Toothbrush & toothpaste
- Compact mirror \*
- Washcloth / loofah & bath towel
- Razors & Shaving Cream
- New & unused makeup

### MISC. ITEMS

- Blankets (50" x 60")
- Backpacks (12" x 15" min.) \*
- Duffle & Overnight bags \*
- Cosmetic bags \*
- Coloring books & Blank Journals
- Flashlights & Umbrellas \*
- Stress balls / fidget items \*
- Art supply \*
- Twin bedding
- Small housewares (i.e. cookware, storage ware, small electronics / appliances) \*

### SURVIVOR BOOKS : \*

- *The Sexual Trauma Workbook for Teen Girls: A Guide to Recovery from Sexual Assault and Abuse* by Sheela Raja and Raychelle Cassada Lohmann \*
- *Chill & Spill Journal* by Art with Heart \*
- *Draw It Out* by Art with Heart \*
- *Ink About it* by Art with Heart \*
- *Girls Hold Up This World* by Jada Pinkett-Smith
- *A Terrible Thing Happened* by Margaret Holmes

### THE TERRIBLE TRUTH :

WE CAN USE ITEMS IN ALL SIZES & GENDERS SINCE SEXUAL VIOLENCE CAN HAPPEN TO ANYBODY!

### SEASONAL ITEMS:

#### Spring/Summer:

- Athletic shorts
- Baseball caps
- Sandals (Slides & Flip-flops)
- Tanks & Camis

#### Fall /Winter:

- Cozy Socks & Slippers
- Pajamas Sets / Sleepwear
- Outerwear (jackets & coats) \*
- Beanies
- Hoodie & Sweatpants

### \* "LIKE-NEW" OR "GENTLY USED" ITEMS?

Per hygienic requirements from our medical partners, anything worn directly on the body must be in new unused condition. We can gladly accept misc. items marked with a star (\*) that are "like-new or gently used" for our programs serving survivors in safehouses & shelters. Have a question about a specific item not listed? Please contact us!

### CONTACT US:

#### Phone:

(408) 674-5744

#### Website:

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#### Email:

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### QR CODE TO DONATE NOW



### Office supply or miscellaneous items?

We can gladly recycle your unused office supply or gift-basket items for operations & fundraising, please contact us for details!



### OTHER WAYS TO GET INVOLVED

- Schedule a speaking event to spread the word!
- Host a fundraiser or a drive!
- Does your club/company offer grants or match donations?
- For volunteering, please inquire (opportunity availability may vary).

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